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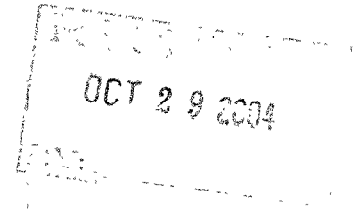
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October 21, 2004

Office of Nutritional Products Labeling
and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Pkwy
College Park, MD 20740



Re: Notification for Statements on Dietary Supplement Labels

Dear Sir/Madam:

This firm represents Nature's Sunshine Products, Inc., Provo, Utah, a manufacturer and distributor of dietary supplement products (hereafter "Nature's Sunshine"). Nature's Sunshine has requested that we notify your Agency on its behalf of the inclusion of statements of nutritional support on a dietary supplement product label.

Pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. §343(r)(6), and in accordance with the authorized provisions of 21 CFR §101.93(a), your Agency is hereby notified that Nature's Sunshine has made statements of "nutritional support", as described in 21 U.S.C. §343(r)(6)(A), for a dietary supplement as follows:

Name

Label Statement(s)

Perfect Shape Liquid 1 Pint

Weight management and structural support. Perfect Shape Liquid is designed to support weight management by utilizing protein and important amino acids contained in our premier source of collagen. Perfect Shape Liquid helps the body obtain a favorable ratio of the fat-storing hormone insulin and the fat-burning hormone glucagons, while supporting the body's production of human growth hormone, which helps burn fat and strengthens and supports muscle tissue. Collagen is also important for healthy skin and strong joints.

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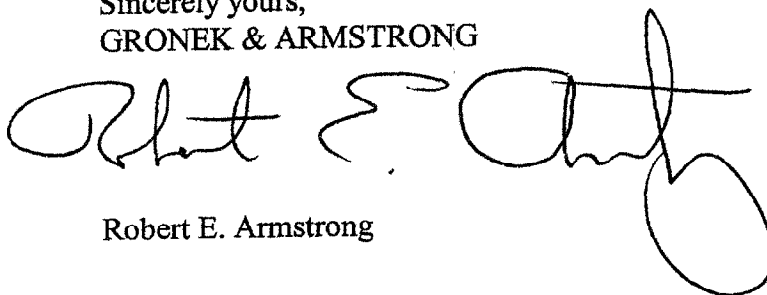
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Two copies of this notification are enclosed with this original document.

The undersigned hereby certifies on behalf of Nature's Sunshine that the information contained in this correspondence is complete and accurate.

Sincerely yours,
GRONEK & ARMSTRONG

A handwritten signature in black ink, appearing to read "Robert E. Armstrong". The signature is fluid and cursive, with a large loop at the end of the last name.

Robert E. Armstrong

REA:
pr

Enclosures

CC: Nature's Sunshine Products, Inc.